

Y4 School Swimming Lessons

Please keep for future reference.



September 2016

Dear Parents/Carers of Y4 children,

The Y4 children have swimming lessons at Ponds Forge. The children follow a syllabus based on the compulsory National Curriculum for Key Stage 2.

The first lesson for children are as follows:

J4 (Miss Stevens)	16 th September 2016
J5 (Mr Jenkins)	23 rd September 2016
J6 (Mr Beauchamp)	30 th September 2016

We apologise for the late notice for J4.

A personalised programme of lessons for your child will be sent to you following the assessments. It is possible that your child's second lesson will be on 7th October. This will be confirmed as soon as possible after 30th September.

The children will travel to Ponds Forge by coach ready for their lesson at 2.10pm. Lessons finish at around 2.55pm and the coach should arrive back at school for normal finishing time. On occasion it may be a few minutes late due to traffic.

Your child will need to bring:

- Swimming costume/ trunks/swimming shorts (not a bikini please)*
- Towel
- A bottle of water
- A small bag to carry the above items

**A swimming costume, trunks or swimming shorts are highly recommended to make swimming as easy as possible. If this is an issue for you, costumes are available that cover more of the body, in shops & on the internet.*

No Jewellery is allowed – not even sleeper earrings. If your child has recently had his/her ears pierced the ear rings must still be removed. This is a Sheffield City Council policy. We suggest children do not wear earrings on their swimming day, if they do they must be able to remove them themselves. School will not be responsible for any lost earrings.

Long hair must be tied back, or ideally a swimming cap worn.

Goggles can be worn if required. Parents must complete the below form. However, **goggles cannot be worn during the first lesson when the children are being assessed.**

Inhalers: If your son/daughter is asthmatic, s/he must take his/her inhaler with them. The same applies for other medication they might require, for example EpiPens.

If you have questions you would like to discuss, please do not hesitate to contact the school.

Best wishes, Y4 team

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Goggles Permission Hunter's Bar Junior School

This slip should be returned to the class teacher.

Child's name Class

Please allow the above named person to wear anti chlorine goggles during the schools swimming lesson. I understand that:

- Goggles will be worn at the owners risk
- There may be times when the use of goggles will be prohibited e.g. water confidence, personal survival, assessment.
- Any misuse of goggles will result in confiscation – to be returned at the end of the lesson.

Signed.....Parent/Guardian

Print name.....