

Being named a team captain is quite the honour. The position of captain is given to those pupils whom the rest of the team respect and trust to lead the team in the right direction. It is expected that captain will maintain control if things are going wrong and be the model of excellence for their teammates.

A good captain should embody the 3 C's: *Caring, Courageous, and Consistent*.

**Caring** captains will put the success of the team ahead of their own needs. As a caring captain, you should treat all teammates with respect and recognise the contributions made by all team members.

**Courageous** captains set the example for the rest of the team. Your actions must embody the core values of the team, especially during times of adversity (if things are going wrong).

**Consistent** captains will give 100% effort in every training session and game.

Leaders are made and not born. Good captains will learn from others and follow examples of good leadership. These could be from past captains, older pupils or just from important adults.

One thing that all good captains need is good communication and oracy skills. At HBJs, captains will be asked to do a short match report during assembly. This example script can be used to help you plan what you need to say.

### HBJs-Captain's match report-example

On Wednesday 8<sup>th</sup> of June

the Year 3 Netball team played against

Chalfont Primary School. We ~~Won~~/Lost and the final score was 10-8.

We did Passing and moving off the ball really well. One thing

that we need to work on for our next game is

making sure that our shooting is accurate as this will help us score more.

Our player of the match was Amelia

because she really worked hard on defending and never gave up trying to intercept the ball.

HBJs-Captain's match report

On \_\_\_\_\_ of \_\_\_\_\_

the Year \_\_\_\_\_ team played against

\_\_\_\_\_. We Won/Lost and the final score was

\_\_\_\_\_.

We did \_\_\_\_\_ really well. One thing

that we need to work on for our next game is

\_\_\_\_\_.

Our player of the match was \_\_\_\_\_

because \_\_\_\_\_.

HBJs-Captain's match report

On \_\_\_\_\_ of \_\_\_\_\_

the Year \_\_\_\_\_ team played against

\_\_\_\_\_. We Won/Lost and the final score was

\_\_\_\_\_.

We did \_\_\_\_\_ really well. One thing

that we need to work on for our next game is

\_\_\_\_\_.

Our player of the match was \_\_\_\_\_

because \_\_\_\_\_.