

Y4 School Swimming Lessons

Please keep for future reference.



March 2021

Dear Parents/Carers of Y4 children,

This year Y4 will be taking part in swimming lessons at Ponds Forge Swimming Pool on Tuesday mornings. The children will travel to and from the pool on a coach with their teacher and another member of school staff.

Swimming lessons will run up until 6th July 2021.

Classes will go in the following order:

April 20 th	J4	June 8 th	J5
April 27 th	J4	June 15 th	J6
May 4 th	J4	June 22 nd	J6
May 11 th	J5	June 29 th	J6
May 18 th	J5	July 6 th	J6
May 25 th	J5		

The children will follow a syllabus based on the National Curriculum Key Stage 2, with the ultimate aim of all children being able to **swim at least 25 metres**.

Your child will need to bring **every Tuesday**:

- Swimming costume/ trunks/swimming shorts (not a bikini please)* to be worn underneath their uniform.
- Towel
- A bottle of water
- A coat and appropriate footwear
- A bag to carry the above items

*A swimming costume, trunks or swimming shorts are highly recommended to make swimming as easy as possible. If this is an issue for you, costumes are available that cover more of the body, in shops & on the internet. Pupils will need to come to school with their costume on under their uniform. Please do not forget underwear to change into after the session.

No Jewellery is allowed – not even sleeper earrings. If your child has recently had their ears pierced, the earrings must still be removed. This is a Sheffield City Council policy. Also long hair must be tied back, or ideally a swimming cap worn.

Goggles –The LA strongly discourages the use of goggles during swimming lessons. The role of Schools Swimming is to ensure a child's safety in water, if a child became reliant on goggles, if they fell into water this could create added danger and as such they are not considered necessary. There is also risk to the eyeball if not fitted properly. If there is a medical reason for your child to use goggles, or another associated reason, which means goggles are required for protection, you should complete the google permission slip below and hand it into school. Please be aware children won't be able to pass the water safety criteria while wearing goggles.

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Inhalers: If your son/daughter is asthmatic, s/he must take his/her inhaler with them. The same applies for other medication they might require, for example Epipens.

Whilst all children will improve their swimming by taking lessons at school, the school swimming service strongly advise parents to take your child swimming at least once a week in addition to the lessons at school. By working in partnership, we can improve the chances of your child becoming a confident swimmer.

The Covid -19 pandemic and School Swimming:

The priority for Hunter's Bar Juniors and the School Swimming Service is to make sure that pupils, school teachers and swimming teachers are always as safe as possible whilst providing quality educational experiences for our pupils. The School Swim Service is working closely with the venues to enable children to get back to learning this vital life skill. The team are closely monitoring the covid-19 pandemic and are operating well within government guidelines. If you want to view risk assessments click here <https://www.sheffieldschoolswimming.co.uk/covid19/> and click here [PF-Covid 19](#) for a Covid-19 walk through of Ponds Forge. All procedures have been implemented in line with current guidance and advice from Swim England and the Government, as well as monitoring the local response.

As mentioned above your child will be asked to arrive 'Poolside Ready'. So please make sure your child has their swimming costume on under their school clothes on their swimming lesson day.

In the event the UK Government or local authority advises Schools Swimming to close one or all of the pools they will suspend lessons for the required period of time. They will reopen when advised to do so and when it is considered safe. **You will be kept you informed.**

Steps taken to keep children safe at school swimming lessons:

- The school swimming timetable has been amended to accommodate lessons at the pools that are opening.
- There is extra time between lessons to avoid schools meeting in venues, to allow for more cleaning of the pool side and changing rooms.
- Schools Swimming have purchased extra equipment and have all the necessary PPE for our staff.
- School staff will be required to wear face masks on the transport and whilst entering the leisure facilities.
- All school to pool transport is fully risk assessed and they have cleaning procedures in place.



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SCHOOL SWIMMING SERVICE PERMISSION TO WEAR GOGGLES

Child's Name _____

School _____

Please allow the above named person to wear goggles during their school swimming lesson.

I understand that;-

- Goggles will be worn at the owner's risk
- There may be times that we ask that the child does not wear goggles in order to meet their National Curriculum requirement; e.g. water confidence and personal survival.
- Any misuse of the goggles will result in confiscation - to be returned at the end of the lesson.

Signed _____ **Parent/Guardian**

Print Name _____ **Parent/Guardian**

***Goggles are the responsibility of the students. School swimming and the swimming venues take no responsibility for loss or damage.**

