



Premier League
**Primary
Stars**



Sheffield United Community Foundation

Premier League Primary Stars Virtual Sports Week

PLPS Virtual Sports Week

The Premier League have developed lots of games and activities for you and your kids to try out for an afternoon of fun – right from your own homes!

All the games and activities have been created to help get your child active while they are playing and help to boost your child's development and learning.

We would love to see you and your kids taking part in our **PLPS Virtual Sports Week!**

Please share pictures or videos of you all playing the games with us on social media @CommunitySUFC and have the chance to win a **Nike Goody Bag**.

We have given you times to work to, but these can be at anytime in the day!

You can find more games on the PL Primary Stars website – www.plprimarystars.com



PLPS Virtual Sports Week | 15th February



Time	Activity	Resources	Link	Checklist
1-2pm	We want you to create your own version of the Roy of the Rovers story by completing the blank speech bubbles on the comic strip provided.	PL Primary Stars Website	https://plprimarystars.com/resources/complete-the-speech	
2-2.10pm	David Attenborough challenges you to swim through the ocean and dodge all the plastic floating around!	BBC Super movers Website	https://www.bbc.co.uk/teach/supermovers/just-for-fun-blue-planet-ii-11/zfkf7nb https://www.bbc.co.uk/teach/supermovers/just-for-fun-blue-planet-ii-12/zdnjbdm	
2.10-2.30pm	<p>We would like you and your family to learn a new active skill by practising it for five minutes a day. Remember to try your best and give it a go! A resilient attitude is the most important thing to accomplish.</p> <p>Use our activity pack to find lots of football skills videos - you can choose one of these to attempt or pick your own.</p>	PL Primary Stars Website	https://plprimarystars.com/resources/try-your-best-challenge	
2.30-3pm	Step Up Sheffield Video	Video on @CommunitySUFC	https://twitter.com/CommunitySUFC/status/1243125310385721345	

PLPS Virtual Sports Week | 16th February



Time	Activity	Resources	Link	Checklist
1-2pm	The Everyday numbers challenge encourages you to think about all the numbers that are a part of your day.	PL Primary Stars Website	https://plprimarystars.com/resources/everyday-numbers-challenge	
2-2.10pm	<p>See if you can dodge the wildlife and cross the field before it gets dark!</p> <p>OR</p> <p>Can you dodge a tackle from Dele Alli? Can you score a hat-trick past David de Gea?</p>	BBC Super movers Website	<p>https://www.bbc.co.uk/teach/supermovers/just-for-fun-springwatch-l1/z6f7rj6</p> <p>OR</p> <p>https://www.bbc.co.uk/teach/supermovers/just-for-fun-match-of-the-Day-l1/z6dy2sg</p>	
2.10-2.30pm	<p>We would like you and your family to learn a new active skill by practising it for five minutes a day. Remember to try your best and give it a go! A resilient attitude is the most important thing to accomplish.</p> <p>Use our activity pack to find lots of football skills videos - you can choose one of these to attempt or pick your own.</p>	PL Primary Stars Website	https://plprimarystars.com/resources/try-your-best-challenge	
2.30-3pm	Step Up Sheffield Video	Video on @CommunitySUFC	https://twitter.com/CommunitySUFC/status/1247126530104406016	

PLPS Virtual Sports Week | 17th February

Time	Activity	Resources	Link	Checklist
1-2pm	These activities are all about changing attitudes from "I can't" to "I can". Children will learn strategies to help them bounce back and to recognise the power of positive thinking.	PL Primary Stars Website	https://plprimarystars.com/resources/home-learning-resilience	
2-2.10pm	Can you run on the spot fast enough to power a skateboard and help Dennis & Gnasher on their quest through the park?	BBC Super movers Website	https://www.bbc.co.uk/teach/supermovers/just-for-fun-dennis-and-gnasher-11/zd24nrd https://www.bbc.co.uk/teach/supermovers/just-for-fun-dennis-and-gnasher-12/zrjgt39	
2.10-2.30pm	We would like you and your family to learn a new active skill by practising it for five minutes a day. Remember to try your best and give it a go! A resilient attitude is the most important thing to accomplish. Use our activity pack to find lots of football skills videos - you can choose one of these to attempt or pick your own.	PL Primary Stars Website	https://plprimarystars.com/resources/try-your-best-challenge	
2.30-3pm	Step Up Sheffield Video	Video on @CommunitySUFC	https://twitter.com/CommunitySUFC/status/1242036180570562563	



PLPS Virtual Sports Week | 18th February

Time	Activity	Resources	Link	Checklist
1-2pm	Try our great new game featuring Premier League footballers. Rise through the levels to prove your skills as a spelling and maths superstar.	PL Primary Stars Website	https://plprimarystars.com/families/play-game	
2-2.10pm	Take the Danger Mouse challenge and get the whole family up and moving! Once you have completed this challenge, Danger Mouse and Penfold invite you to step up to Level 2.	BBC Super movers Website	https://www.bbc.co.uk/teach/supermovers/just-for-fun-danger-mouse-11/z6mcpq3	
2.10-2.30pm	We would like you and your family to learn a new active skill by practising it for five minutes a day. Remember to try your best and give it a go! A resilient attitude is the most important thing to accomplish. Use our activity pack to find lots of football skills videos - you can choose one of these to attempt or pick your own.	PL Primary Stars Website	https://plprimarystars.com/resources/try-your-best-challenge	
2.30-3pm	Step Up Sheffield Video	Video on @CommunitySUFC	https://twitter.com/CommunitySUFC/status/1249995486410477569	





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www.sufc-community.com // @CommunitySUFC