19th April 2018

Dear Parents/Carers,



Y6 Sex and Relationships Education (SRE) 2018

Next half term the children in Y6 will begin their Sex and Relationship Education. We have invested in a new SRE resource in order to deliver an up-to-date and engaging curriculum.

When appropriate, children will be split into same sex groups within their class and will explore further topics that may be of interest to each group

Every parent has the right to withdraw their child from the non-statutory elements of primary SRE. If you wish to withdrawn your child from these elements, then please complete and return the slip below to your child's class teacher by Friday 4th May 2018. We strongly recommend that all children participate in our SRE sessions and encourage any parent or carer with questions or concerns to talk to a member of staff before deciding to withdraw their child from these sessions.

In order for you to make an informed decision as to whether you would like to withdraw your child from this area of the curriculum, we have included the lesson headings and outlines for the next half term and the key words we will be using during these lessons.

If you require any further information about the curriculum, then please feel free to speak to your child's class teacher who will be happy to further discuss the schools SRE policy and the content of the Y6 sex and relationships programme.

Yours f	aithfully,
The Y6	s team
	Y6 Sex and Relationships Education (SRE) 2018
If you	are happy for your children to take part, you do not need to return the reply slip. wish to withdrawn your child, please complete the form below and return it to your class teacher by Friday 4 th May 2018.
Child's	name
	I wish my child to be withdrawn from the Sex Education sessions. If your child is to be withdrawn from only some aspects of the program then please make clear below which they are:
	Signed (parent/carer) Date





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Puberty Key Stage 2

Scheme of Work

Word Box: Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels wet dreams, semen, erection, sweat, breasts, spots, public hair, facial hair, underarm hair, sexual feelings

PSHE Programme of Study Core Theme 1: Health and Wellbeing - how their body will, and emotions may, change as they approach and move	Learning Intentions and Learning Outcomes Learning Intention To explore the emotional and physical changes occurring in puberty Learning Outcomes Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence	Lesson Title Lesson 1 Talking About Puberty	Puberty Changes Teacher Guide Pictures of male and female reproductive organs Anonymous questions template Additional Activities Changes DVD: All About Us: Living and Growing, Alternative, Unit 2, Programme 4, http://www.channel4learning.com/ Sheets of flipchart paper for body outlines
through puberty to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them Core Theme 2: Relationships to feel confident to raise their own concerns, to recognise and care about other people's feelings Science Attainment Targets describe the changes as	Learning intention To understand male and female puberty changes in more detail Learning Outcomes Understand how puberty affects the reproductive organs Describe how to manage physical and emotional changes	Lesson 2 Male and Female Changes	Pictures of male and female reproductive organs Puberty Changes Teacher Guide Menstrual cycle animation Male pictures Puberty Card Game Puberty Card Game answer sheet Puberty Card Game whiteboard summary Model materials: spaghetti(faliopian tubes) and poppy seeds (eggs) Selection of sanitary wear (tampons, sanitary towels, panty liners) Anonymous questions from Lesson 1 Additional Activities www.bbcco.uk/science/humanbody What is the Menstrual Cycle? cards What is the Menstrual Cycle? whiteboard summary The Menstruation Card Game for Girls and Answers Menstruation Card Game whiteboard summary
humans develop to old age	Learning Intention To explore the impact of puberty on the body & the importance of hyglene To explore ways to get support during puberty Learning Outcomes Explain how to keep clean during puberty Explain how emotions change during puberty	Lesson 3 Puberty and Hyglene	Kim's Game Items and a cloth to cover them (see lesson plan) Kim's Game Teacher Guide Year 5 Puberty Problem Page Year 5 Puberty Problem Page cut-outs Problem Page Teacher Guide Anonymous questions from Lesson 1 Additional Activities Puberty Ringo







Know how to get support and help during puberty



Puberty Bingo



Puberty, Relationships and Reproduction Key Stage

Scheme of Work

Word Box: Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety.

PSHE Programme of Study Core Theme 1: Health and Wellbeing • how their body will, and emotions may, change as they approach and move through puberty • about human reproduction	Learning Intentions and Learning Outcomes Learning Intention To consider puberty and reproduction Learning Outcomes Describe how and why the body changes during puberty in preparation for reproduction Talkabout puberty and reproduction with confidence	Lesson Title Lesson 1 Puberty and Reproduction	Resources Puberty Changes Teacher Guide Puberty Body Part cards Reproduction question sheet Reproduction answer cards Reproduction whiteboard summary. Additional Activities Year 6 Puberty Problem Page. Year 6 Puberty Problem Page Cut-outs Year 6 Puberty Problem Page Teacher Guide				
the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others	Learning Intention Consider physical & emotional behaviour in relationships Learning Outcomes Discuss different types of adult relationships with confidence Know what form of touching is appropriate	Lesson 2 <u>Understanding</u> <u>Relationships</u>	Relationship pictures Squares of paper/sticky notes Anonymous Questions template Additional Activities How Babies are Made DVD programme: All About Us: Living and Growing Alternative, Unit 3 Programme 7. http://www.channel4learning.com/				
Core theme 2: Relationships • to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage • to recognise what constitutes positive healthy relationships	Learning Intention To explore the process of conception and pregnancy Learning Outcomes Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception	Lesson 3 Conception and Pregnancy	How Does A Baby Start? cards How Does A Baby Start? whiteboard summary Anonymous Questions from previous lesson Additional Activities Conception and Pregnancy statements. Conception and Pregnancy Ouiz Conception and Pregnancy Ouiz Answers Pictures of male and female reproductive organs Model materials: dried spaghetti (fallopian tubes) and poppy seeds (eggs)				
and develop the skills to form them	Learning Intention To explore positive and negative ways of communicating in a relationship Learning Outcomes To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong	Lesson 4 Communicating In Relationships	Relationship Question cards Communication Scenario Cards Communication Scenarios answers Communication Scenarios whiteboard summary Additional Activities Film clip from www.thinlsuknow.co.uk				









