

April 2019



Dear Parents / Carers,

Y6 Sex and Relationships Education (SRE) 2019

This half term the children in Y6 will begin their Sex and Relationship Education. We use a highly regarded SRE resource in order to deliver an up-to-date and engaging curriculum which we believe is a critical part of children's education.

When appropriate, children will be split into same sex groups in order to explore further topics that may be of interest to each group; however, as far as possible, children will remain in their classes.

Every parent has the right to withdraw their child from the non-statutory elements of primary SRE. These are identified on the following page. If you wish your child to be withdrawn from these elements, then could you please complete and return the slip below to your child's class teacher by Thursday 16th May 2019. We **strongly** recommend that all children participate in our SRE sessions and encourage any parent / carer with questions or concerns to talk to a member of staff before deciding to withdraw their child from these sessions.

In order for you to make an informed decision as to whether you would like to withdraw your child from this area of the curriculum, we have included the lesson headings and outlines for the next half term and the key words we will be using during these lessons.

If you require any further information about the curriculum, then please feel free to speak to your child's class teacher who will be happy to further discuss the schools SRE policy and the content of the Y6 sex and relationships programme.

Yours sincerely

Y6 team

Y6 Sex Education 2019

If you are happy for your children to take part, you **do not need** to return the reply slip; otherwise, please fill in the form below as appropriate and return to the class teacher **by Thursday 16th May**.

Child's name..... Class

- ☐ I wish my child to be withdrawn from the Sex Education sessions; if your child is to be withdrawn from only some aspects of the program then please make clear below which they are:

Signed (parent or guardian) Date

HEADTEACHER: MR MICHAEL WATSON

DEPUTY HEADTEACHER: MRS KELLY HERSEY

SHARROW VALE ROAD • SHEFFIELD • S11 8ZG

PHONE: 0114 266 0547 • FAX: 0114 268 4878

EMAIL: enquiries@huntersbar-jun.sheffield.sch.uk

www.huntersbarjunior.co.uk



The following elements are all compulsory parts of the curriculum:

Puberty <small>Key Stage 2</small>			
Scheme of Work			
Word Box: Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings			
PSHE Programme of Study Core Theme 1: Health and Wellbeing <ul style="list-style-type: none"> how their body will, and emotions may, change as they approach and move through puberty to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them Core Theme 2: Relationships <ul style="list-style-type: none"> to feel confident to raise their own concerns, to recognise and care about other people's feelings Science Attainment Targets <ul style="list-style-type: none"> describe the changes as humans develop to old age 	Learning Intentions and Learning Outcomes Learning Intention To explore the emotional and physical changes occurring in puberty Learning Outcomes Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence	Lesson Title Lesson 1 Talking About Puberty	Resources Puberty Changes Teacher Guide Pictures of male and female reproductive organs Anonymous questions template Additional Activities Changes DVD: All About Us: Living and Growing, Alternative, Unit 2, Programme 4, http://www.channel4learning.com/ Sheets of flipchart paper for body outlines
	Learning Intention To understand male and female puberty changes in more detail Learning Outcomes Understand how puberty affects the reproductive organs Describe how to manage physical and emotional changes	Lesson 2 Male and Female Changes	Pictures of male and female reproductive organs Puberty Changes Teacher Guide Menstrual cycle animation Male pictures Puberty Card Game Puberty Card Game answer sheet Puberty Card Game whiteboard summary Model materials: spaghetti (fallopian tubes) and poppy seeds (eggs) Selection of sanitary wear (tampons, sanitary towels, panty liners) Anonymous questions from Lesson 1 Additional Activities www.bbc.co.uk/science/humanbody/ What is the Menstrual Cycle? cards What is the Menstrual Cycle? whiteboard summary The Menstruation Card Game for Girls and Answers Menstruation Card Game whiteboard summary
	Learning Intention To explore the impact of puberty on the body & the importance of hygiene To explore ways to get support during puberty Learning Outcomes Explain how to keep clean during puberty Explain how emotions change during puberty Know how to get support and help during puberty	Lesson 3 Puberty and Hygiene	Kim's Game Items and a cloth to cover them (see lesson plan) Kim's Game Teacher Guide Year 5 Puberty Problem Page Year 5 Puberty Problem Page cut-outs Problem Page Teacher Guide Anonymous questions from Lesson 1 Additional Activities Puberty Bingo

Lesson 1 of the following scheme is compulsory. Lessons 2, 3 and 4 are not compulsory.

Puberty, Relationships and Reproduction <small>Key Stage 2</small>			
Scheme of Work			
Word Box: Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety.			
PSHE Programme of Study Core Theme 1: Health and Wellbeing <ul style="list-style-type: none"> how their body will, and emotions may, change as they approach and move through puberty about human reproduction the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others Core theme 2: Relationships <ul style="list-style-type: none"> to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage to recognise what constitutes positive healthy relationships and develop the skills to form them 	Learning Intentions and Learning Outcomes Learning Intention To consider puberty and reproduction Learning Outcomes Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with confidence	Lesson Title Lesson 1 Puberty and Reproduction	Resources Puberty Changes Teacher Guide Puberty Body Part cards Reproduction question sheet Reproduction answer cards Reproduction whiteboard summary Additional Activities Year 6 Puberty Problem Page Year 6 Puberty Problem Page Cut-outs Year 6 Puberty Problem Page Teacher Guide
	Learning Intention Consider physical & emotional behaviour in relationships Learning Outcomes Discuss different types of adult relationships with confidence Know what form of touching is appropriate	Lesson 2 Understanding Relationships	Relationship pictures Squares of paper/sticky notes Anonymous Questions template Additional Activities How Babies are Made DVD programme: All About Us: Living and Growing Alternative, Unit 3 Programme 7. http://www.channel4learning.com/
	Learning Intention To explore the process of conception and pregnancy Learning Outcomes Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception	Lesson 3 Conception and Pregnancy	How Does A Baby Start? cards How Does A Baby Start? whiteboard summary Anonymous Questions from previous lesson Additional Activities Conception and Pregnancy statements Conception and Pregnancy Quiz Conception and Pregnancy Quiz Answers Pictures of male and female reproductive organs Model materials: dried spaghetti (fallopian tubes) and poppy seeds (eggs)
	Learning Intention To explore positive and negative ways of communicating in a relationship Learning Outcomes To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong	Lesson 4 Communicating in Relationships	Relationship Question cards Communication Scenario Cards Communication Scenarios answers Communication Scenarios whiteboard summary Additional Activities Film clip from www.thinkuknow.co.uk

HEADTEACHER: MR MICHAEL WATSON

DEPUTY HEADTEACHER: MRS KELLY HERSEY

SHARROW VALE ROAD • SHEFFIELD • S11 8ZG

PHONE: 0114 266 0547 • FAX: 0114 268 4878

EMAIL: enquiries@huntersbar-jun.sheffield.sch.uk

www.huntersbarjunior.co.uk