

6<sup>th</sup> September, 2021

Dear Parent/Carer,



### **Orienteering 2021-22**

Orienteering is a challenging outdoor adventure sport. The aim is to navigate between control points marked on an orienteering map and decide the best route to complete the course in the quickest time. The great thing about orienteering is that you can run whichever course you want to - whether that's long or short, easy or hard. Competitors are grouped into age classes. This means that you are competing against other juniors of a similar age and ability.

The Saturday Series resumes on Saturday 11th September at [Endcliffe Park](#). Registration is based outside the cafe in Endcliffe Park (the Start & finish are adjacent). Registration will open and you can start any time from 12.30pm - 3pm but the courses close at 3:30pm.

Year 3/4/5 will run the White course and Year 6 will run the Yellow course. **Parents are responsible for the children's welfare for these races.**

Course	School Years	Distance	Technical Level	Who is it for?
White	Y4,5	1 km	1	The easiest course and a great place for children to start. The course is entirely on paths and each time you have to make a decision - which path to take, there will be a control point. Year 3 pupils can compete with Y4s.
Yellow	Y6,7	1.6km	2	The next step up and a good place for teenagers etc. to start. The course will use paths but also other line features - Fences, streams etc. It will also no longer have a control everytime you need to decide where you are going. For example you may need to make a couple of turns on paths between controls

Childrens runs are £2 but it will be **free** for the first timers as our school is in the Sheffield Federation for School Sport. You are welcome to run a 2nd course (cost of £1 or £2 if your previous run was free)

Children will need to bring trainers, leggings or shorts, a tee shirt or long sleeved top and a drink. Parking is available on the streets around the park mainly Riverdale Road and Rustlings Road. Buses pass the park regularly (use a destination of 'Bingham Park, Rustlings Road/Endcliffe Park'). Pupils will run individually in their school years. Results will be published but no schools' names will be listed.

Results and information can be found at <https://www.southyorkshireorienteers.org.uk/> and <https://www.southyorkshireorienteers.org.uk/juniors/475-other-useful-stuff>.

There is also a free Virtual Oriennerring app which you can use on your smart phone from <https://www.southyorkshireorienteers.org.uk/events/virtual-orienteering> if pupils/families would like to get more practice or to experience something new away from the competitions.

Yours sincerely,

*B. Adebola*

Mr. Adebola

**HEADTEACHER: MR MICHAEL WATSON**

**DEPUTY HEADTEACHER: MR DAVID PRESTON**

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# SATURDAY SERIES SCHOOLS LEAGUE 2021 / 22

## League Format

Nine events spread over the academic year for pupils from Y3/4 up followed by a fun event and prize-giving. Dates and venues are listed overleaf. Overall positions for competitors and schools will be calculated from their best 5 results. There is also a league for adults with the best 5 results counting. The events are held on Saturday afternoons. They are run by South Yorkshire Orienteers and courses are open to the general public, so parents and younger children are encouraged to give it a go!

## Registration & Start Procedure

Register in advance or on the day between 12.30-2.30pm. Entrants will receive a map with the course printed on and an electronic timing chip. Competitors on each course will start at 1 minute intervals. Parents / Teachers can talk through the course and can shadow (follow) competitors around the course but please let children navigate themselves.

## Costs

Children £2. Pupils Y3 & above, whose school is a member of the SFSS, are free.

Adults £5, £4 for club members

Second runs £2

## Courses

Orienteering courses are graded by colour; this table shows the course pupils should enter to be part of the league. Adults run whichever course they would like and will be allocated to the newcomer or standard adult league.

Course	Year
White	Y3/4, Y5
Yellow	Y6, Y7
Orange	Y8, Y9
Light Green	Y10, Y11
Green / Blue	Y12, Y13

## About SYO

South Yorkshire Orienteering club is one of the most successful clubs in the country at both Junior and Senior level. We organise regular orienteering events and training throughout the year. We can also arrange introductory sessions for Running Clubs, Schools, Scouts, Guides, Youth Groups etc.

# ORIENTEERING

THE MIND AND BODY WORKOUT



## 2021 / 22 Saturday Series incorporating the SFSS Schools' League

Orienteering is a challenging outdoor adventure sport. The aim is to navigate between control points marked on an



orienteering map and decide the best route to complete the course in the quickest time.



It does not matter how young, old or fit you are, as you can run, walk or jog the course and progress at your own pace.

These events are specifically aimed to introduce people of all ages to the sport and also incorporate the schools' league. However all our events have courses suitable for all abilities - see the website for more details.

Sat 11 Sep	Endcliffe Park
Sat 16 Oct	Shirebrook Valley
Sat 13 Nov	Botanical Gardens
Sat 8 Jan	Whirlowbrook Hall
Sat 5 Feb	Norfolk Park
Sat 19 Mar	EIS & Olympic Legacy Park
Sat 30 Apr	Parkwood Springs
Sat 21 May	Meersbrook Park
Sat 18 Jun	Millhouses Park

Prize-giving event Cliffhanger 9th July (tbc)