

## Write a weekly postcard

Hello! This writing challenge asks you to write one postcard at the end of each week of the summer holidays. You can write about any experiences you have had and any feelings that have popped into your mind over the week. It is really healthy for your mental well-being to think about and write down things and thoughts, even if they are normal everyday experiences.

You can make your own postcard or print off and use the templates provided. Remember to print off six copies. Side one of the postcard features the writing. Side two of the postcard features an exciting drawing or photo that shows what you have written about. Look at the examples below. You can be as creative as you like.

Here is WAGOLL



Who is the audience for your postcards? You could...

- Send it to a family member.
- Post it through a friend's letter box.
- Post it to school for the attention of your new school teacher.
- Stick them up next to your bed.

