



Over The Bar



2019-20
ISSUE 2
JAN-MAR
BA

Y6 Students-coaching opportunities



Over this term, pupils have had an opportunity to use their knowledge and skills from their sporting background outside of school.

Juliette, Enid and Polly (Year 5 & 6 respectively) have been training in Parkhead Netball sessions at Mercia School with Beccy Lewis (one of the UK's up and coming netball development coaches).

The girls were able to take a Year 3/4 team to a Netball tournament at the English Institute of Sport Sheffield (EIS) on Tuesday 10th March. It was the first time that all our girls had ever played in a Netball match and tournament! The girls really enjoyed the day - especially the treats at the end of the day, including a Green Westbourne Water Bottle.

Ethan (Year 6) is a Junior Sharks Basketball player. He delivered Bas-

ketball sessions to pupils in Y4-6, afterschool. These sessions focussed on dribbling, passing and shooting, preparing the children for the Hotshots competition at Goals (All Saints School), on Monday 2nd March. 9 pupils from Year 5 went to take part in the competition as per the rules. The pupils really enjoyed the competition and the training sessions, growing in confidence as the competition went on.

Although Mr Adebola was present at all the sessions, helping to guide the pupils with their coaching, we'd all just like to say a big thank you to them all for giving up their time help train younger pupils to help them get ready for the tournaments.

HBJ are delighted to announce that we have been selected as a Wildcats centre by the Sheffield & Hallamshire County Football Association.

We have partnered with Sheffield United Community Foundation who have been running our Wildcats Centre at Hunter's Bar on Tuesdays after school. The sessions are providing an ideal opportunity for the girls to learn new skills and have fun whilst playing football.

Wildcats is an initiative launched by The FA designed to inspire girls aged between 5-11 to be involved in football. Hunter's Bar Infant pupils are also invited to come and join in!

HBJ still making a racquet!

As with the Winter term, this term, Hunter's Bar Juniors have had pupils compete in Table Tennis and Badminton (Year 5 and below) tournaments hosted by the Sheffield Federation for School Sports (SFSS). In the Table Tennis competition, 6 pupils competed at the end of Feb with Holden and Daniel coming joint second along with Ethan and Alfie in the doubles and Daniel and Alfie coming joint second in the singles. In the Badminton, 10 pupils competed, with Aidan and Vincent going out in the doubles Semi-finals. Rory was the most successful pupil on the day coming runner up in the singles earning his first Badminton trophy in his first Badminton competition!



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4 life**
Eat well Move more Live longer

Did you know...Guidance from the Chief Medical Officer says that:

All children and young people should engage in moderate to vigorous intensity physical activity for at least 60 minutes and up to several hours every day.

A variety of types and intensities of activity are recommended including those which develop movement skills, muscular fitness, muscle and bone strength. Activities that strengthen muscle and bone, should be incorporated at least three days a week.



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Sports news and information

We have been updating our school sports page on the Hunter's Bar Juniors website.

Pupils have been writing about the events we have been going to and this information is available on the sports page by clicking this hyperlink.

PE and Sport News

For all the latest news, check out our [School Games website](#).

You can also check out our sports newsletter publication below.

Go and visit www.huntersbarjunior.co.uk and see what else we've been doing.

Cross Country

Since September we have had Cross Country races at various venues across Sheffield. We didn't have a team entered for Y3/4 but had 10 individual pupils competing across the season.

For Y5/6 our highest scoring girl (Top 15 in Sheffield) was Ella and our highest scoring boy (Top 16 in Sheffield) was Walter. All of the scores from all the Y5/6 runners allowed us to take 4th place in the girls team event and 4th place in the Boys team event. Because of this HBJ were entered for the Cross Country Finals at Cannon Hall. This was due to take place on Tuesday 11th February but was cancelled due to Storm Ciara. The finals hopefully will be re-arranged but we are still waiting for a date.

A huge congratulations to all pupils in Years 3-6 who have run in the cross country races this year. A special thank you must go to Mr. Hewson for helping support Cross Country lunch club, allowing our pupils to train on Thursday lunchtimes.

HBJ Football Update—The Invincibles

Sheffield United Community Foundation Cup

On Wednesday 26th February, our Y4 team went to play Football in the Sheffield United Community Foundation's Mixed Cup at the Isobel Bowler Sports Centre. Led by Mrs Hersey they won all their group stage games. A 6-0 win over Valley Park and 1-0 win over Birley set them up for a final against Norfolk. A comeback from 2-0 down saw the team go on to win 7-2. 44 goals scored and 3 conceded throughout the whole tournament gave them a goal difference of 41! In addition, they were the only unbeaten team throughout the tournament, which was a fantastic achievement!

Eli was given player of the tournament by Mrs Hersey for his performances throughout and his attitude throughout in never giving up.

SFSS Y5 Boys League

On Monday 16th March, HBJ took two Year 5 teams to compete in the Y5 Leagues at Notre Dame School. As one of seven teams, they had six 7-a-side games against different schools. As a team, before the tournament the boys decided that rather than having a traditional stronger and weaker A & B team they would split the strong players across the teams.

Tough games for both teams meant that going into the final game, the "A's" had to play Nethergreen A. Due to drawing the first game, If they won they would win the league. But, Nethergreen A only had to get a draw to win the league. The game finished up 1-0 to HBJ with Jamie C scoring the all important goal. There was some brilliant defending from the team. This meant they remained unbeaten in winning the league!

A special mention must go to Jet & Zayan who were invited into the teams to play even though they are only Year 4 pupils.



GB S&C Session

On Thursday 12th March, 6 pupils (5 from Hunter's Bar Juniors and 1 from Hunter's Bar infants!) attended a special Strength & Conditioning session with Dave Hemborough (SHU's lead strength and conditioning coach, lead for England Volleyball, head coach of Hallam Barbell Weightlifting Club...As well as having supported teams at the 2012 Olympics and the Commonwealth Games, and coaching numerous world champions in a variety of sports) at Collegiate gym-Sheffield Hallam University.

The Children were given this opportunity due to qualifying for the Bouldering finals (Friday 20th March) at the Mini Climbing Works. Alex (from Hunter's Bar Infants) got the chance to join in and activities were differentiated for him and his older sister Eva (who he was only supposed to be watching) who was nursing a hip injury. An amazing experience, topped off by the chance to watch Jenny Tong showing us the perfect snatch technique!

