

Apex Programme Lunch Time Squash Club



Please note that this club is run by an external provider therefore you need to contact them about booking, payments and cancellations. Any arrangements you make, including collecting your child after the club or allowing them to walk home, should be made with Hallamshire.

Hunters Bar Juniors Y3 – Y6

Sessions: Tuesday 12-1pm

The block: Tuesday 9th September to Tuesday 9th December 2025 (13 sessions)

Cost: £6.00 per session x 13 Weeks £78

Registration Process: [Click here to book course](#) / Full payment must be paid prior to a child commencing sessions by bank transfer (Apex bank details will be sent after confirmation email).

For children in receipt of free school meals this club will be £39.00. Please indicate to Jayne if this is the case and she will update payment options for your child. If difficulty in paying for this club would prevent your child from attending please contact the school office. All enquiries will be dealt with in the strictest confidence.

Our coaching team will walk the children over to the club and walk them back to school.

All of our coaches are licensed and DBS checked. Children will need to bring their PE kit, a packed lunch and a suitable drink. Please note if the weather is ok, the club takes place outdoors so please ensure your child will be dressed appropriately for the season. All other equipment will be provided. Packed lunches will be eaten at the club after the activities

Session Details

There are 24 places available to avoid disappointment please book early, you may join mid-term if there are available spaces. (Bookings will be on a first come first serve basis).

The Apex Programme based at The Hallamshire Tennis & Squash Club (HSTC) provides a squash & racketball programme specifically designed for 4 to 18-year olds. We currently coach over 200 children per week at the club during lunch breaks, after school and at the weekends.

Coaching sessions aim to be lots of fun, whilst promoting the core values of The Apex Programmes.

- Good Manners
- Respect
- Fair play.

We endeavour to provide children with the skills they need to enjoy and participate in a variety of racket sports, in particular squash.

HTSC is the home of professional squash player Nick Matthew OBE. Nick is triple British Open and World Open champion; he was also world No.1 in 2010.

The Apex Programme Code of Conduct

- All children are expected to turn up on time and wear appropriate clothing & non-marking footwear.
- If someone is speaking everyone has to listen.
- Any behavior issues will be discussed with the school.

Jayne Bonner, Business Support Manager - info@apexprogramme.co.uk

We promote/advertise Apex on an on-going basis which may involve the use of an image of your child. This could be a photograph video, DVD or website image. It is a requirement of the Data Protection Act that we have your consent to do this. We will avoid publication of your child's name with any image on any of our material/website/social media etc. I give consent my child having images taken of them according to the above guidelines.