

# **ORIENTEERING**

**THE MIND AND BODY WORKOUT**



South  
Yorkshire  
Orienteers

## **2025 / 26 Saturday Series** **incorporating the SFSS Schools' League**

Orienteering is a challenging outdoor adventure sport. The aim is to navigate between control points marked on an orienteering map and decide the best route to complete the course in the quickest time. It does not matter how young, old or fit you are, as you can run, walk or jog the course at your own pace.



These events are specifically aimed to introduce people of all ages to the sport and also incorporate the SFSS schools' league. However all our events have courses suitable for all abilities - see the website for more details. No need to pre-enter: just turn up on the day. Start times from 12.30pm - 3pm.

**Sat 13 Sep**

**Endcliffe Park**

**Sat 11 Oct**

**EIS & Olympic Legacy Park**

**Sat 22 Nov**

**Bolehills**

**Sat 17 Jan**

**Ecclesall Woods**

**Sat 7 Feb**

**Norfolk Park**

**Sat 14 Mar**

**Shirebrook Country Park**

**Sat 25 Apr**

**Parkwood Springs**

**Sat 16 May**

**Graves Park**

**Sat 6 Jun**

**Meersbrook Park**

**Prize-giving event Crookes Valley Park 20 Jun**

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# SATURDAY SERIES SCHOOLS & ADULTS LEAGUE 2025 / 26

## League Format

Nine events spread over the academic year for pupils from Y3/4 up, with a separate league for adults. The series culminates with a fun event and prize-giving. Dates and venues are listed overleaf. Overall positions for competitors and schools will be calculated from their best 5 results. The events are held on Saturday afternoons. They are run by South Yorkshire Orienteers and courses are open to the general public, so anybody can give it a go!

## Registration & Start Procedure

Register on the day between 12.30-2.30pm. Entrants will receive a map with the course printed on and an electronic timing chip. Competitors on each course will start at 1 minute intervals. You are welcome to go individually or in a pair or group. Parents can talk through the course and can shadow (follow) competitors around the course but please let children navigate themselves.

## Costs

Children £2. **Pupils Y3 & above, whose school is a member of the SFSS, are free.**

Adults £5, £4 for club members

Second runs £2 (£1 if paid for 1st run)

## Courses

Orienteering courses are graded by colour; this table shows the course pupils should enter to be part of the league. Adults run whichever course they would like and will be allocated points for the adult league.

Course	Year
White	Y3/4, Y5
Yellow	Y6, Y7
Orange	Y8, Y9
Light Green	Y10, Y11
Green / Blue	Y12, Y13

## About SYO

South Yorkshire Orienteering club is one of the most successful clubs in the country at both Junior and Senior level. We organise regular orienteering events and training throughout the year. We can also arrange introductory sessions for Running Clubs, Schools, Scouts, Guides, Youth Groups etc.