



Over The Bar



**2021-22
ISSUE 2
JAN-MAR**
OS, EG SW, LLM,
ZW, JL, EJ, CB,
EG, AH, SS, AZ,
AF, TB, NP, TS

Cross Country City Champs (& New Shirts)

City Championships -
Saturday 26th February 2022

On Saturday 26th February 32 pupils in years 3-6 competed in the Cross Country City Championships at Graves Park.

This event usually happens after race 7 however, due to the postponement of race 7, it was rescheduled to Saturday 12th March.

For the City Champs, schools can enter as many teams as they like (minimum of 4 runners) and the positions of the four runners are added together to give a total score. These are then given into the Cross Country team (headed up by Claire Sanderson-Dobcroft Parent).

Our Year 3/4 boys just missed

out on 3rd place being pipped to the post.

Two of our runners were celebrated for top 10 finishes. Lily.C-Y4 & Evan.S-Y5 placed 9th & 10th respectively and were at the presentation ceremony to be handed their certificates.

A fantastic day of racing from all involved and to top it off they were able to run in the new cross country shirts that were delivered earlier that week.



Sports Leaders

On Tuesday 1st March, 12 Sports Leaders went to support a Key Stage 1 (KS1) Tennis competition at Hallam Tennis and Squash Club. They helped run activities for Hunters Bar Infants, Ecclesall Primary, Foxhill and Beighton who attended in the afternoon slot (1pm-3pm).

The KS1 event had pupils rotating around 8 different activity stations where they had the opportunity to learn a variety of tennis skills. Each school brought around 16 children and with tennis balls flying everywhere the sports leaders were kept busy at all times.

AH-"I found it fun because the younger ones were enjoying their time which made us feel great. We even got a chance to demonstrate and join in some of the games."



Smoothie Bike

On Thursday 17th March Year 5 pupils were treated to a practical lesson making their own healthy smoothies. They have been learning about a balanced diet and how this benefits their health.

EM-"It was a good session. I enjoyed going on the bike. The only thing that would have been better would be making our own smoothie not a group smoothie."

Please use this link for the [Eat Smart Sheffield newsletter](#).



**change
4 life**

Eat well Move more Live longer

Did you know...

Research shows that nearly 28% of pupils in Reception are overweight or obese, rising to over 40% of pupils in Year 6. The NHS Food Scanner app is a handy health hack to make it easier for families to find healthier food and drink options.

[NHS Food Scanner App download \(Google/Apple\)](#)

Bowling event

On Friday 4th February 13 pupils from Years 3 - 6 went to take part in the Panathlon (Yorkshire South- Sheffield) Ten Pin Bowling competition at Centertainment Sheffield. The pupils were greeted by staff and shown to the lanes where they were split into two teams. The main/only instruction given was to have fun. The bumpers on the lanes were up for all children helping the event be inclusive and the children to feel successful.

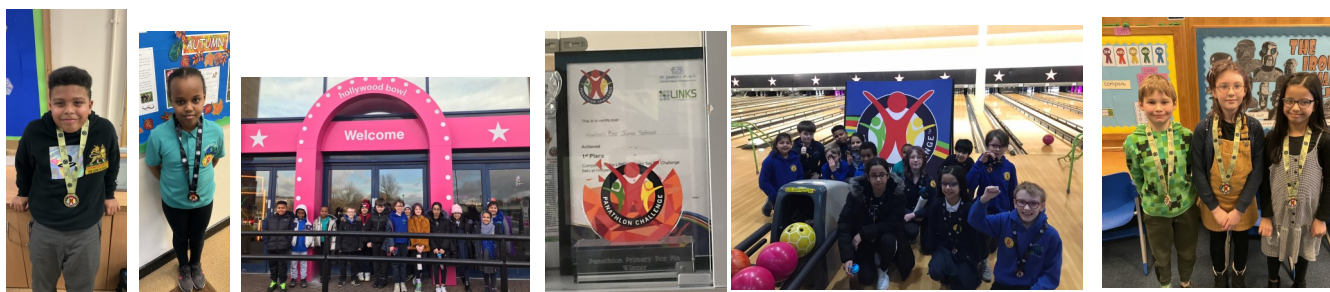
The competition wasn't actually described as being a "competition" so pupils were encouraged to try something new (if they hadn't been before). This helped to keep the stress out of the event and allow the pupils to be happy and relaxed.

At the end of the event the staff explained to all pupils that it was actually a competition! This came as a shock to all pupils involved especially as they were all given participation medals as well as stickers and certificates.

The biggest shock came when we found out that we had won the competition (we didn't realise was a competition) as well as having two pupils (DH & TCW) who had the most Strikes and Spares in their game.

The whole team then came in 1st place and were sent gold medals as we couldn't attend the presentation (due to Mrs Abdullah & Mrs Williams asking the mini-bus to come early to get the children back for lunch-ha) as well as a trophy which is now proudly displayed within school.

Thank you to Mrs Abdullah & Mrs Williams for taking the pupils to this event as well as the Hollywood Bowl/Panathlon/Forges staff for allowing all of our pupils to experience a wonderful day and event.



Sarem Squash Tournament

On Wednesday the 23rd of March, a selected group of 16 pupils (8 boys and 8 girls) went to a squash tournament at the Hallamshire Squash and Tennis club (They also do Racket-ball).

During this event, two schools-Hunter's Bar and St. Wilfrid's (unfortunately Nethergreen had to pull out due to staffing complications), competed for three trophies and our title, one of which we claimed at the last Sarem Squash Festival. With two pupils on court the remaining pupils were either resting, cheering or refereeing the games for our teammates and opponents on the courts.

Within the 3 hours, both schools played 128 games in total. The three trophies (best boy's team, best girl's team and the Winning School) were all decided by the whole schools points added together.

We ended up winning the "Overall winning school" (claiming our title back!) and also taking home best boy's team award.

OS-"I enjoyed how it was all fun and friendship. It was great how we all were able to compete as one big team, in individual mini-matches. The training we had beforehand was really useful and playing against people who were better definitely helped us improve for the tournament."



Climbing Works Bouldering Competitions

(Full reports and further pictures can be found by using the Hyperlinks.)

On Friday 21st January 2022 our Y5/6 Climbing team went to compete in a [Preliminary round Bouldering competition](#) hosted by the Climbing Works. We had a wide variety of climbers (including some very experienced and some with minimal climbing experience) compete, with some joining at the very last minute to step in for others who couldn't be there. There were twelve different challenges to try and each pupil was allowed three attempts to master the climb. We had 2 hours to try the qualification round with 12 climbs on the "wasps" (black and yellow holds). Points were given on how many of the climbs got topped (10 points for completing it first time) and the number of attempts. There was also a bonus hold that gave 3 points. As the number of the climb increased, the challenges got harder and included things like over-hangs and monkey bars style moves that needed to be executed. The top 6 scores from our school were added up to give HBJ an overall score which was then compared to other schools. We received a top 10 result and were invited to the Finals! (This year there were around 280 Sheffield Primary School students who attended the qualification rounds from 23 different schools).

The [Sheffield Finals event on Friday 25th March](#) saw us take on the top 10 schools in Sheffield. The pupils accompanied by Mr. A Fairweather were able to take on the challenge of the Mint routes and finish first overall (only winning by 2 points!). Elias & Owen finished second and third in the boys individual competition. This result allowed us to qualify for the [Greater Sheffield Finals on Wednesday 30th March](#). In this final round we faced schools from around the Derbyshire area. This competition saw us climbing the wasps, blacks and mints. After 12 climbs we finished in 1st place. It turned out to be an even more successful day in the individual awards with ER finishing in 3rd place, ER finishing 2nd and CB finishing in 1st place for the girls. The individual boys award mirrored the girls with OW finishing in 3rd place, SA finishing in 2nd and EJ finishing in first place, allowing HBJ to complete a clean sweep in the County Finals!



HBJ Football Update

(Full reports and further pictures can be found by using the Hyperlinks.)

[Y6 Boys League](#)-Mon 14th March-Our Team of Year 6 boys (with some Year 5's playing for experience) went to compete in the Year 6 league against Dobcroft & Nethergreen. Each school brought two teams and it made for an exciting and competitive afternoon of Football. HBJ Green won the league by one point with HBJ Blues finishing in 3rd place 2 points off finishing second.

[Y6 Girls League](#)-Mon 21st March-18 pupils from Hunter's Bar Juniors went to compete in the Y6 Football League against Dobcroft & Nethergreen, We included girls from Y4 - Y6 to come and join in to get experience. The girls were able to rotate their positions and the emphasis was on having fun and working hard for each other.

[Y6 Girls Links/Points Tournament](#)-Tues 22nd March-14 girls went to take part in a football festival at St. Georges-Norton. A second and third place finish wasn't enough to see either team through to the semi-finals but a fantastic day was had by all involved.

[Y4 SUFC tournament](#)-Fri 25th March-Our team of Year 4 pupils went to play in their second tournament of the year. A team of players who haven't previously had the opportunity to represent HBJ were selected in this mixed tournament. 3 wins from 3 saw us progress into the cup but after a quarter final win we were knocked out on penalties in the semi-finals. A fantastic day of football with great support from the parents (and grandparents).

[Y5 Boys League](#)-Tues 29th March-20 pupils from HBJ went to take part in the Y5 Boys' Football League (with 4 Year 4 players playing up). A great night of football which saw the boys (many of whom do not play organised football outside of school) all gaining a lot of experience.





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Sports news and information

We continually update our [school sports page](#) on the Hunter's Bar Juniors website.



We now have a dedicated email address for sport and P.E. Please use:

Sport@huntersbar-jun.sheffield.sch.uk

to send in any sporting stories or images and update Mr. Adebola on what's going on with your children's sporting successes.

Karate Grading

Congratulations to the following [Elite Karate](#) After-School club students, who passed their karate grading on the 26th March to earn their Red belt: Jack N, Jonas H, Alice N, Candice T, Jamie B. They were entered for grading at High Storrs School, by Sensei Steve Hegarty who runs the after-school club. The grading lasted about an hour and after passing their first grade they will now work towards achieving their Yellow Belt.



Orienteering league

After 6 races HBJ are currently top of the league! (as we were after race 5 see below) Some great scores in Event 6 from Louis B, Siri W, Alec J & Esme Cs (out of 11 runners) helped us finish Joint 1st with Westways.

	School	Points	Events	Endcliffe Park	Shire Brook Valley	Botanical Gardens	Limb Valley	Norfolk Park
1	Hunters Bar	1962	5	390	390	394	395	393
2	Nethergreen	1931	5	384	386	389	381	391
3	Westways	1888	5	372	384	386	379	367
4	Carterknowle	1604	5	172	273	379	386	394

The next [event \(Series\) 7](#) is on Saturday 30th April 2022 at Parkwood Springs. [Race \(Series\) 8](#) will take place on Saturday 18th June. All individual pupils scores can be found here: [SYO School individual scores](#).

With the [British Schools Orienteering Championships](#) being held in Sheffield (Graves Park) next year (Sunday 20th November 2022), it would be great to get a few more people trying out orienteering.

Any one who is interested in participating, please get in touch with Mr. Adebola (and he will point you in the right direction).

Brunsmear U8's Cup final Success

Our very own Sidney H was involved in an enthralling cup final for Brunsmear U9's on Sunday 27th March.

During an exciting encounter Brunsmear conceded an equaliser in the last minute of normal time to make the score 2-2. They had to show great resilience and determination and were able to grab another goal to take a 3-2 lead in extra time. The excitement of the game didn't stop there though, with the Brunsmear goalkeeper saving a penalty in the last minute of extra time to make sure they held onto their lead to win the cup! What a Mothers day present indeed...

This has been a great achievement for the Brunsmear boys especially as they are an U8's team who have been playing in an U9's competition!



British Orienteering Middle and Long Distance Champion

Louis B won the [British Orienteering Middle Distance championship](#) at Rushmere Country Park on Saturday 19th March. The middle distance course was 1.9km long and he completed it in 17 minutes and 49 seconds. Not content with just being the Middle Distance Champion, the following weekend on Saturday 26th March, he became British Orienteering Long Distance Champion for his age class (M10). This competition was held near Liphook in Hampshire. The course was 3km and he completed it in 32 minutes.

"I enjoyed both races equally even though they both had tough conditions especially with the extreme cold and wind."

Congratulations Louis and we look forward to hearing about your next challenge.

